



Uyen Vu Body Mind Self Awareness

Guided movements and meditations to connect with the source of happiness and peace

www.uyenyogameditation.com | 50A Fernbank Road, Ascot, SL5 8HE

CANCELLATION POLICY

Welcome to **Uyên Vu Body Mind Self Awareness Practice**, offering Somatic Embodiment Mindfulness Yoga Meditation for ages 5–100+ in Ascot and surrounding areas.

I understand that, occasionally, you may be unable to attend a scheduled session. This **cancellation policy** is designed to ensure fairness, maintain small class quality, and keep spaces available for others.

Weekly Yoga Classes, Courses, Workshops & Private Lessons

- **5 working days' notice or more:** Full refund or option to transfer to another class
- **96 hours (4 days) before the session:** 50% refund
- **Less than 24 hours' notice:** No refund

Private Lesson Programmes (7 or 10 sessions)

- All bookings are **non-refundable**

Over 70s Group Class & After-Stroke Rehabilitation Group Class

- 4-week block booking: **£48**
- Missed sessions are **non-refundable and non-transferable**
- If you are going on holiday, please give **3 weeks' notice**
- Individual sessions available at **£14 per class**

Schools, Corporate Wellbeing, Care Settings & Kids' Yoga Clubs

- **3 weeks' notice or more:** Full refund or option to reschedule
- **2 weeks' notice:** 50% refund
- **Less than 1 week's notice (including weekends):** No refund

Vietnam Yoga & Meditation Retreats

- **135 days (4.5 months) or more before retreat:** Full refund
- **120 days (4 months) before retreat:** 50% refund
- **Less than 120 days:** No refund

Thank you for choosing to support me. Your understanding helps create a supportive and consistent practice environment for all.

Have a great day and I look forward to welcoming you to your session.

All the very best,

Uyen Vu

Teacher & Founder

Uyen Vu Body Mind Self Awareness Practice

Somatic Embodiment Mindfulness Yoga Meditation